



District Governor  
Eric Kaler



"Making a Difference in our Local and Global Communities"



President  
Alexander "Alex" Kanamu



### Maternal and Child Health Month

Rotary makes high-quality health care available to vulnerable mothers and children so they can live longer and grow stronger.

We expand access to quality care, so mothers and children everywhere can have the same opportunities for a healthy future. An estimated 5.9 million children under the age of five die each year because of malnutrition, inadequate health care, and poor sanitation — all of which can be prevented.

#### HOW ROTARY MAKES HELP HAPPEN

Rotary provides education, immunizations, birth kits, and mobile health clinics. Women are taught how to prevent mother-to-infant HIV transmission, how to breast-feed, and how to protect themselves and their children from disease.

#### CLEAN BIRTHS

Rotary members distribute clean birth kits and train health workers in safe delivery of babies.



Delivery Kits - Normal and Caesarian

The strength of our Club lies in its members

## The 2020 Census

Service Above Self – Making a Difference

Editor – PP Geoff Horvath



### SOLUTIONS TO PROMOTE CLEAN BIRTH PRACTICES



Knowledge about the importance of clean birth has been available for centuries. The practices are often summarized as the "six cleans":

1. clean hands
2. clean perineum
3. clean delivery surface
4. clean cord cutting
5. clean cord tying
6. clean cord care

#### LIFESAVING HOSPITAL EQUIPMENT

Linked through sister cities, Rotarians save newborns in Brazil

By Vanessa Glavinskas Photographs by Robert Gill

A mother is in labor, and she's frightened. Her baby isn't due for three months. The closest hospital is 30

miles away, and although she makes it there in time, the baby is born weighing barely 2 pounds.

And there's another problem.

The hospital's neonatal intensive care unit has only seven incubators, and all are in use, so the baby must be transferred to another hospital to receive the critical care he needs. If he survives the transfer, his parents will need to find a way to make trips to that hospital for months.

Many new mothers were facing similar situations at Dr. Leopoldo Bevilacqua Regional Hospital, a state-run facility in Brazil's Ribeira Valley. Lack of equipment meant some of the hospital's most vulnerable newborns had to be transferred, which was a factor in São Paulo state's high infant mortality rate.



Ribeira Valley, Brazil

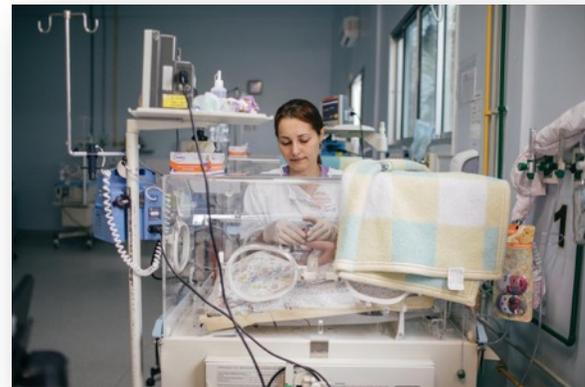
"There are two realities here: people who can pay for a private hospital and those who can't," says Lina Shimizu, who spearheaded the project for the Rotary Club of Registro-Ouro, Brazil. Those who can't, she says, often have to travel long distances to get to a state-run hospital such as Leopoldo Bevilacqua, which serves 24 towns.

The Rotary Club of Registro-Ouro and the Rotary Club of Registro partnered on a Rotary Foundation global grant with two clubs in Nakatsugawa, Japan.

Through the partnership, Brazilian Rotarians raised \$172,500. They funded equipment including five incubators for the hospital's neonatal intensive care unit (NICU), which nearly doubled the hospital's capacity to care for fragile newborns. In 2013, 129 babies were admitted to the NICU; since the completion of the project, the hospital has been able to care for about 220 babies per year.



By adding five incubators to the NICU, the hospital nearly doubled the number of babies its nurses and doctors can care for



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**RI President: Mark Daniel Maloney**  
**District: Eric Kaler**  
**Asst. Dist. Govt: Sonya Mendez**  
**Club President: Alex Kanamu**  
**PP: Lilette Subedi**  
**President Elect: Keoni Ahlo**  
**Exec Secretary: Alison Kanamu**  
**Recording Secretary: Jackie Barnes**  
**Treasurer: Kate Butts**  
**Sergeant-at-Arms: Dr. Carver Wilcox**  
**Asst. Sergeant-at-Arms: Austin Kanamu**



**Programs/Membership: Keoni Ahlo**  
**Community Services: PP Lilette Subedi**  
**Youth Services: Rene Mansho**  
**Rotary Foundation: PP Doc Bill McKenzie**  
**HRYF: PP Geoff Horvath**  
**Public Relations: Marie Abatayo**  
**Fundraising: Marie Abatayo & Kate Butts**  
**Hulali Editor: PP Geoff Horvath**

**Meeting Location: Dot's in Wahiawa**  
**Day and Time: Thursdays 12:00-1:00 pm**

Rotary – 115 Years of Service to the World!



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Other equipment provided through the grant included five ventilators, a bilirubin meter, three heated cribs, five vital-sign monitors, and a super LED microprocessed phototherapy unit to treat babies with jaundice. The grant also funded the cost of publicity to inform residents about prenatal care workshops conducted by area health workers. The publicity campaign aimed to reach mothers in remote areas who may not know what services are available to them or about the importance of prenatal care and breast-feeding.



This global grant marked a turning point for Rotarians in Nakatsugawa, who had stopped contributing to international projects after experiencing difficulties on a past grant. The difference this time was in the relationship between the cities of Registro and Nakatsugawa, which established a “sister city” affiliation in 1980.

Rotarians from both cities meet regularly to foster their friendships, alternating between Brazil and Japan, and because of their close relationship, the Japanese

Rotarians felt confident that their financial contributions to the project would be managed well. In addition, Shimizu, who is of Japanese descent and speaks fluent Japanese, helped build trust and effective communication.

A group of Japanese Rotarians visited the NICU after the project was completed. “After 37 years,” says Mitsuo Hara, a member of the Rotary Club of Nakatsugawa, “there’s a friendship and bond between Rotary members of both countries.”

club business



## INVOCATION



Oli



Outside D5K

Within D5K





### Donate

Donating to Rotary means clean water and sanitation. Health and hope in areas that were once ravaged by diseases like polio. Economic development and new opportunities. Your financial help makes all this happen, and more.

When you give to The Rotary Foundation, you fuel our service projects - projects that eradicate polio, promote peace, and improve developing communities. With your help, we can make lives better in your community and around the world

### Why should I donate to The Rotary Foundation?

Giving works because Rotary works. We are proud that 90.8 percent of donations go straight to supporting our service projects.

### How does The Rotary Foundation use donations?

Our 35,000 clubs carry out sustainable humanitarian service projects. Using donations like yours, we've wiped out 99 percent of all polio cases. Your donations train future peacemakers, support clean water, and strengthen local economies.

### What impact can one donation have on the world?

It can save a life. A child can be protected from polio with as little as 60 cents. Our partners make your donation go even farther. For every \$1 Rotary commits to polio eradication, the Bill & Melinda Gates Foundation has committed \$2.



### Hawaii Rotary Youth Foundation (HRYF)

We have cancelled our Scholarship Award Luncheon because of COVID-19. The luncheon will be scheduled after COVID-19 has been annihilated! Our Top Scholars have been notified.

### RECOGNITIONS



### Spouses'



### Anniversaries



### Induction



### ROTARY MINUTE

### Minority Membership

Rotary formally considered the issue of racial restriction in membership and determined that the organization could not allow racial restrictions to the organization's growth. In Rotary's legislative deliberations in June 1921, it was formally determined that racial restrictions would not be permitted. Non-racialism was included in the terms of the standard constitution in 1922, required to be adopted by all member Clubs.

Rotary and other service clubs in the last decade became open to homosexual membership. Other minorities, in the face of general changes in demographics are also encouraged to join.

Rotary – 115 Years of Service to the World!





You may become a First Responder! Learn Hands Only Cardiopulmonary Resuscitation (CPR)

Our first responders (EMS, Fire, Police) are stretched to the limits responding to the COVID-19 Pandemic. That means that responses to 911 calls may be delayed for a long period of time.

My question to you is, what would you do should a family member suffer a heart attack or another medical emergency? Your lack of action could cause irreparable brain damage or the death of a loved one.

Why is it important to start CPR as soon as possible? After the heart stops, the brain cells begin to die approximately 4-6 minutes of no blood-flow. After around 10 minutes, those cells will cease functioning, and the person will be effectively dead.



This is why, now is the time to learn Hands Only CPR. It is simple and easy to learn. There are a lot of computer-based training videos (YouTube) that will walk you through the process. There are two theories on CPR.

The first, the old way was 30 compressions, two breaths through the mouth, repeated until first responders arrive or the person is revived.



The new and recommended way is Hands Only CPR. Using this recommended procedure, you start the compressions immediately and continue, uninterrupted, until the person is revived or qualified first responders arrive. If someone is with you, you can rotate compressions.



What should you do when someone suffers a heart attack? If you follow these procedures, you will be able to save a life.

1. Check and see if the person is responsive to your touch
2. Call 911



- Don't hang up until you're told to do so.
  - Make sure the door to your home is unlocked.
  - Make sure you have a phone with you
3. Start hands only CPR. Continue compressions until the person responds or help arrives.

### Be the First Responder!



## Correspondence



### OUR ANIMALS NEED YOUR HELP!!

Received from our Friends at Oahu SPCA in  
Wahiawa:

#### Won't You Please Foster A Rescued Animal?

Aloha,

More than anything, the health and safety of you our supporters, your pets, and our staff are our primary concerns. Though the information and status of COVID-19 in Hawaii remains fluid, the Oahu SPCA is taking steps to ensure our companion animals and our rescued animals continue to be well taken care of, even as we face this time of uncertainty....

During this state of emergency, the Oahu SPCA is trying to prepare for the worst. We are **seeking the public's help to foster our shelter animals** in the event the facility must temporarily close its doors. Fostering a pet is rewarding as you are caring for one of our rescued animals while we actively search for a permanent home. During this time of crisis, our Foster Care Program is crucial to safeguarding our rescues and saving more lives.

As we practice social distancing or are being told to work from home, having a pet by your side can be especially rewarding and therapeutic. Pets always help us humans be a little more thoughtful – they inherently lead us to think beyond ourselves. And they're engagingly fun!

If you're not in a position to foster but want to help our animals, consider making a much-needed monetary donation or a donation of food and supplies. As many members of our community are forced out of work, the number of animals surrendered or abandoned to our care intensifies. Adoption events are being cancelled which translates to fewer pets being adopted, yet more animals continue to need emergency care.

#### Your help has never been needed more.

Please contact our Foster coordinator at [info@oahuspca.org](mailto:info@oahuspca.org), or make a donation [here](#), and help save the life of an animal.

Gratefully,

Lucy Ahn



All speaker engagements have been canceled until further notice due to COVID-19



**29 Mar – Annual Wakai-Wilkinson Golf Tournament Scholarship fundraiser, has been POSTPONED until August.**

**20-26 Apr – Trip to Kyoto, Japan for celebration of the Rakushyu Club's anniversary. – CANCELLED**

**Apr 25 – Rotary @ Work Day – May be postponed.**

**May 28 – Hawaii Blood Bank blood drive – Dot's parking lot. If interested in giving blood, you can sign up utilizing Blood Bank Hawaii's eDonor program. You have three options. The most direct option is to go to [www.BBHdonor.org/SC](http://www.BBHdonor.org/SC) and register. These two options give you more information and will allow you to sign up. These two links are, [www.BBH.org](http://www.BBH.org) and [www.BBHdonor.org](http://www.BBHdonor.org). May be cancelled.**



#### Blood Bank of Hawaii develops bold new plan to address COVID-19

Received from our Friends at the Blood Bank of Hawaii, April 6<sup>th</sup>, 2020.

Aloha Lifesaver Club Coordinators,

We always consider the safety of our donors, staff and blood supply our number one priority. We have been monitoring updates from the CDC relating to COVID-19 very closely and adhering to safety and health recommendations. As a result, we have decided to cancel all lifesaver club blood drives **through the month of May** and extend our new operational hours at the six locations we're currently utilizing. All donors

who were scheduled for your blood drive for May will be notified. Should anything change, you will be informed. All donations will continue to be made by appointment only during this time.

Should you have any questions please let me know. Thank you for your continuous support.

**Jonette Correia**

**Blood Bank of Hawaii** | Recruitment Manager  
Mobiles

2043 Dillingham Boulevard, Honolulu, HI 96819

D: (808) 848-4759 | C: (808) 282-6940

### What is this new approach?

- Donations will be taken by appointment only.
- We will have six donation centers:
  - Young Street Donor Center
  - Five new pop-ups
- To comply with CDC and Department of Health social distancing guidelines, all of our facilities have been reorganized so that donors are six or more feet away from each other at all stages of the donation process.
- All locations will have pre-screening stations.
- No more than 10 donors at a time will be in any one room.
- All potential walk-ins will be asked to make an appointment.

### Where and when can you give blood?

- Young Street Donor Center:
  - Monday – Thursday (6:30 am – 6:30 pm)
  - Friday – Sunday (6:30 am – 4:30 pm)
- Dillingham Headquarters
  - Monday – Thursday (6:30 am – 6:30 pm)
  - Friday – Sunday (6:30 am – 4:30 pm)
- Kailua Town Center *in partnership with Alexander & Baldwin*
  - Monday – Wednesday (6:30 am – 6:30 pm)
  - Sunday (6:30 am – 4:30 pm)
- Kaneohe Bay Shopping Center *in partnership with Alexander & Baldwin*
  - Thursday (6:30 am – 6:30 pm)
  - Friday & Saturday (6:30 am – 4:30 pm)

- Waikale Center *in partnership with American Assets*
  - Monday – Wednesday (6:30 am – 6:30 pm)
  - Sunday (6:30 am – 4:30 pm)
- KROC Center Hawaii *in partnership with the Salvation Army*
  - Thursday (6:30 am – 6:30 pm)
  - Friday & Saturday (6:30 am – 4:30 pm)

The Blood Bank of Hawaii is still be taking donations by *appointment only* in order to help facilitate physical distancing recommendations. Mahalo for your understanding during the pandemic. We are in this together and are determined to maintain an adequate blood supply for the patients of Hawaii.

To make an appointment, visit our website: [www.bbhdonor.org](http://www.bbhdonor.org) or call (808) 848-4770

### What can you do as a LifeSaver Club coordinator?

- We need your help!
- Your drive may be cancelled, but your group can still save lives and you can lead the way
- Ask your members to make appointments at a donation center.
- Hold your members accountable by calling, texting, emailing or posting social media reminders about appointments already made.
- Discuss with your account manager ways to partner in order to help each other
- Remind everyone to give the appropriate Group ID at registration.
- Ask them to pledge to help us save lives not only now but over the next few months

We will be making a public announcement through media outlets, but we wanted you to know first. And remember, in these trying times, it is easy to feel isolated and fearful. But our BBH community has the opportunity to come together and take care of one another. ***It is so important to fill appointments not only now, but also, we ask for you to pledge to make appointments for the next few months.*** Mahalo to everyone who has and will continue to donate. To make an appointment, visit our website: [www.bloodbanktough.org](http://www.bloodbanktough.org) or call (808) 848-4770.

Please see our scheduling calendar below.

**Jun 6-10 – Rotary International Convention - CANCELLED**

**Jun 8 – Host Night** – RI Convention event – 6-9 pm, at the Waikiki Shopping Plaza. Parking is nearby at \$10 for the night, Cost is \$45 per member.



No announcements

Pineapple by 



*“It’s simple The more members we have, the more people we can help. A stronger membership base will result in stronger communities.”* PPRI Gary Huang

### QUIZ OF THE WEEK

What cheese was perfected and is the original American Cheese?



### Ace of Hearts



Rotary – 115 Years of Service to the World!



Answer to the weekly quiz: Cheddar Cheese



The cheese is appropriately named because it was developed in the village of Cheddar in Somerset, England, during the **12th century**. After its creation, cheddar cheese became popular with English nobles and made appearances at many royal banquets.

Perfected in America. America's cheesemaking tradition originated in Europe and came over with the first immigrants. In fact, the original American cheese is **Cheddar**. The English immigrants brought their prized cultures and traditional cheesemaking techniques along with them, and the rest is history.

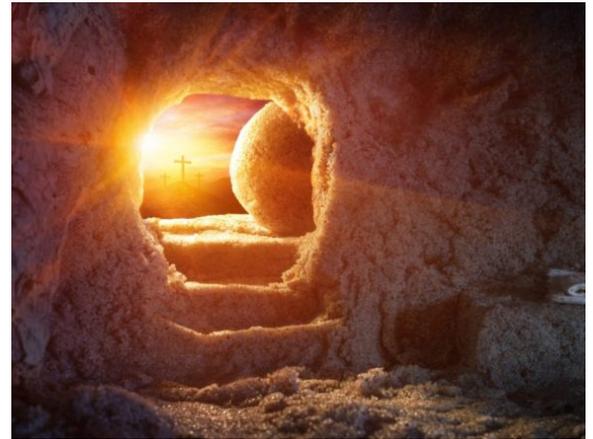
#### Rooted in Europe...Perfected in America

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Of course, as more and more immigrants arrived from more and more European countries, they brought more and more cheesemaking techniques with them. Eventually, America's cheesemaking industry was nearly as diverse as Europe's itself. And because these new Americans were making the very same types of artisanal cheeses they learned to make in the old country, they gave them the same names: Gouda, Emmentaler, Havarti, Brie, Edam, Gruyère, Limburger, Parmesan, Fontina...The American Cheesman®

# Happy Easter!



# REJOICE!

Christ is risen.

# Christ is Risen!