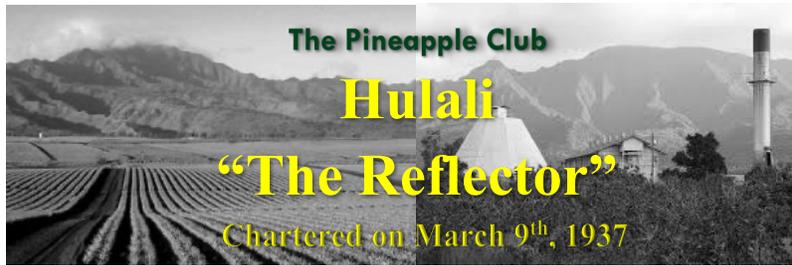




District Governor
Eric Kaler



“Making a Difference in our Local and Global Communities”



President
Alexander “Alex” Kanamu



May is Youth Service Month

Rotary Youth Exchange

Rotary Youth Exchange builds peace one young person at a time.

Students learn a new language, discover another culture, and truly become global citizens. Exchanges for students ages 15-19 are sponsored by Rotary clubs in more than 100 countries.

Through the Rotary Youth Exchange, Rotary International hopes to create a more interconnected and understanding world. One of Rotary's primary goals is promoting peace around the world, and through the Rotary Youth Exchange, it aims to make the world a more peaceful place one exchange at a time.

BUILDING CONFIDENCE

First outbound Rotary Youth Exchange from Nepal

By Seema Tamang, Rotary Youth Exchange student from Kathmandu, Nepal



Seema Tamang, third from left, with other Rotary Youth Exchange students

The strength of our Club lies in its members

Zooming with RI President Mark Daniel Maloney

Service Above Self – Making a Difference

Editor – PP Geoff Horvath



During the 2016-17 school year, I was thrilled to be the first outbound exchange student from Nepal. Being blind, I have to admit I was a bit scared at first, as home life in the US was much different than in Nepal. I was used to sleeping in the same room with my sisters and with other girls in the dormitory at school. With my host family, I had my own room. But it did not take long to adapt, and enjoy an amazing experience during which I grew in many ways.

I stayed with my first host family, the Roses, during the school year. My second host family, the Camruds, included mom and dad and two younger host brothers. Being in a large home was very different and exciting as I got to explore every room and orient myself so that I could move about safely and quickly. It didn't take me too long to be able to find everything by myself. It seems funny now that when I first arrived I asked my host-mom where the water bucket and pitcher was for flushing the toilet, like we do in Nepal!

Dish washing made easy

We always wash dishes by hand in Nepal and I had never experienced a dishwasher before. However, I quickly learned how to load and empty the dishwasher to be of help to my hosts. Using the washer and dryer was also a new experience for me. My host family put Braille dots on the appliances so that I could learn how to use them.

My advice to other exchange students is be prepared to gain new ideas, grow your confidence and become more independent.

I have made great improvements with my English skills and I am now able to converse and make friends more easily. I have grown in my ability to adjust to different

circumstances. I am also more comfortable speaking in front of large groups of people.

I had many amazing experiences. Sledding in the snow, ice-skating, horseback riding, pop-music concerts and American holidays. One that particularly stands out was my visit to the Bellevue, Washington Police Department. On my birthday I was totally surprised to be picked up at home by Captain Lisa and given a ride in a squad car to the station where I learned how the police department worked. I checked out a police motorcycle, practiced self-defense on a rubber dummy, and got to go into a police holding cell.



Seema gets his face painted

No uniforms, two days off a week

With school, I was so surprised we did not have to wear uniforms, that students get to choose their own classes, that we had to move from class to class after each period, and that we got two days off each week (we only get Saturday off in Nepal). Each teacher assigned a fellow student to be my sighted-guide to help me move from class to class which helped me make many wonderful friends.



Oli No Oli today

club business



INVOCATION



Outside D5K

Within D5K

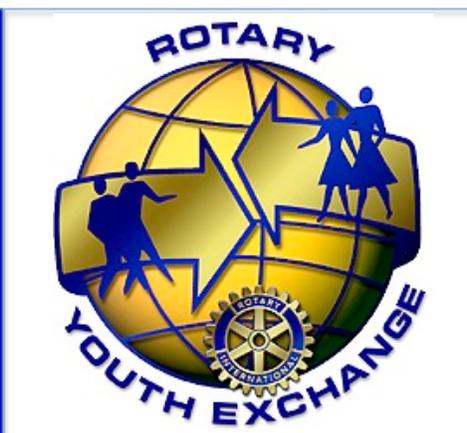
None

None



None

RI President: Mark Daniel Maloney
 District: Eric Kaler
 Asst. Dist. Govt: Sonya Mendez
 Club President: Alex Kanamu
 PP: Lilette Subedi
 President Elect: Keoni Ahlo
 Exec Secretary: Alison Kanamu
 Recording Secretary: Jackie Barnes
 Treasurer: Kate Butts
 Sergeant-at-Arms: Dr. Carver Wilcox
 Asst. Sergeant-at-Arms: Austin Kanamu



Programs/Membership: Keoni Ahlo
 Community Services: PP Lilette Subedi
 Youth Services: Rene Mansho
 Rotary Foundation: PP Doc Bill McKenzie
 HRYF: PP Geoff Horvath
 Public Relations: Marie Abatayo
 Fundraising: Marie Abatayo & Kate Butts
 Hulali Editor: PP Geoff Horvath
 Meeting Location: Dor's in Wahiawa
 Day and Time: Thursdays 12:00-1:00 pm

Rotary – 115 Years of Service to the World!





HEALING THOUSANDS

-No Where to Turn-

As thousands of refugees streamed into Berlin, they strained the health care system. Rotarian and physician Pia Skarabis-Querfeld spent the last three years building a network of volunteer doctors to help those in need.

By Rhea Wessel Produced by Andrew Chudzinski

On the nightly news and around her city, Pia Skarabis-Querfeld saw the refugees arriving in Berlin after fleeing war, persecution, and poverty in their home countries.

Wanting to help, she gathered a bag of clothes to donate and headed to a nearby gym filled with refugees.

What began as a single act of charity eventually evolved into an all-encompassing volunteer project: Over the next three years, Skarabis-Querfeld would build and run a network that, at peak times, would include more than 100 volunteers helping thousands of refugees at community centers, tent camps, and other shelters across the city.

Today, her nonprofit, **Medizin Hilft** (Medicine Helps), continues to treat patients with nowhere else to turn.

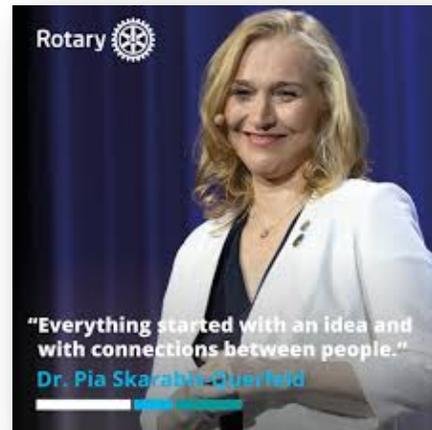
That day she went to the gym was a few days before Christmas 2014. Skarabis-Querfeld had been busy with work and preparing for the holidays. She was looking forward to a much-needed break, and she thought clothes for the refugees would be a kind gesture befitting the spirit of the season.



Dr. Pia Skarabis-Querfeld examining a patient

When she arrived at the gymnasium to drop off her donation, Skarabis-Querfeld found sick children, most of them untreated because hospitals in the area were overrun. Helpers were not allowed to give out pain

relievers or cough syrup due to legal constraints. All they could do was send people to the emergency room if they looked extremely ill.



Seeing this, and knowing about the treacherous journeys the refugees had just made across land and sea, Skarabis-Querfeld, who is a medical doctor and Rotarian, returned that same afternoon with medical supplies and her husband, Uwe Querfeld, who is a professor of pediatrics and a Rotarian.



Dr. Uwe Querfeld

The couple spent most of that holiday treating patients in the gymnasium.

“The suffering of the people, their bitter fate, it wouldn’t let go of me,” says Skarabis-Querfeld.

‘You just don’t forget’

In 2015, the German ministry in charge of refugees received more than 1 million applications for asylum, straining the public health system.

“I had a young girl whose whole family was almost beaten to death because they were Christians,” says Skarabis-Querfeld, a member of the Rotary Club of Berlin-Tiergarten. “The girl began to have epilepsy after being beaten into a coma. I’m not used to seeing these kinds of scars and burns.”

In another case, Skarabis-Querfeld treated a Syrian girl named Saida who had fever and bronchitis. When the examination was almost over, Skarabis-Querfeld noticed Saida was limping. She coaxed Saida to take off her shoes and saw both feet were infected.

"I had seen a lot of children with small shoes on. Some had probably started walking in those shoes and worn them for one year," Skarabis-Querfeld says.

"The soles of both feet were infected. These are things that you just don't forget."

After she treated Saida with antibiotics, the girl from the war-torn country took an interest in helping at the clinic when the doctor was in. She would wait at the door half an hour before Skarabis-Querfeld arrived and delight in taking on small tasks, such as making copies.

"Her biggest wish was to become a doctor," Skarabis-Querfeld says. "I told her, 'You're a smart girl. You can do it.'"



Hawaii Rotary Youth Foundation (HRYF)

HRYF is planning a Zoom celebration for all Rotary District 5000 Top Club \$5K Scholars as well as the two \$10K scholarship winners. The event is scheduled for July 18th. More information will be provided later.

Recognitions for the week ending May 31st, 2020:

PP Bob Pang contributed \$200 to HRYF! Thanks, Bob, for your generous contribution!

RECOGNITIONS



Rene Mansho celebrated her birthday, May 28th! Happy B-day Rene!

Spouses'



None

Anniversaries



None

Induction

None



None



None

WORDS OF WISDOM

"If you don't know where you are going, any road will get you there." [Lewis Carroll](#)



Lewis Carroll

Charles Lutwidge Dodgson, better known by his pen name Lewis Carroll, was an English writer of children's fiction, notably Alice's Adventures in Wonderland and its sequel Through the Looking-Glass. He was noted for his facility at word play, logic, and fantasy.



ROTARY MINUTE

Rotary Facts

Did you know that the very first Rotary Club in 1905 had no dues? Instead, they agreed that all club expenses would be paid from \$.50 fines. In today's dollar, that fine would be just over \$13. By 1915 Rotary International was on the verge of bankruptcy and its then President, Frank Mulholland, suggested every Rotarian contribute \$1 (just over \$24 today), and hence the concept of annual dues was born. That \$1 raised enough funds to make the organization whole, and thanks to the institution of dues RI has not suffered financially since.

Correspondence



Received from PP Bob Pang and Family



Warmest Aloha's Bruddah Geoff + Margery
 Things have really changed after your retirement. The pandemic today is so scary. Many things have changed, but your hardwork for RWI is still going strong Geoff. Thank you for the plug in the Huala. It brings back warm + fond memories. Thank you for your scholarship work, you + Margery are truly giving + caring individuals. Stay safe + keep healthy. God Bless both of you + your family.
 Much Aloha + Love
 Bob, Tuang + Family

@*#\$! Fines @*#\$!



No fines



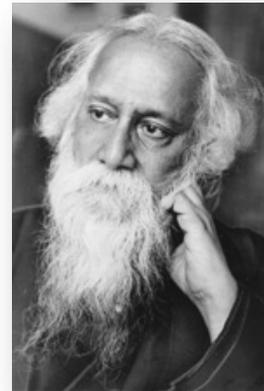
May 14 – TBD



May 28 – Hawaii Blood Bank blood drive – Tentative – Dot's parking lot. If interested in giving blood, you can sign up utilizing Blood Bank Hawaii's eDonor program. You have three options. The most direct option is to go to www.BBHdonor.org/SC and register. These two options give you more information and will allow you to sign up. These two links are, www.BBH.org and www.BBHdonor.org. May be cancelled.



No announcements



Rabindranath Tagore

"I slept and dreamt that life was joy. I awoke and saw that life was service. I acted and behold, service was joy." – Rabindranath Tagore

QUIZ OF THE WEEK

1. What is the name our Funny Bone?
2. What's a bone in your body that you can never break?



Zooming with RI President, Mark Daniel Maloney



Modern technology allowed District 5000 to enjoy face time with RI President mark **Daniel Maloney**, hosted by **RC of East Hawai'i**. Our Club was well represented with ten of our sixteen members participating. In addition to our 10 members, there were about 65+ (3-4 Zoom screens with 50 participants on each) Rotarians from all islands within District 5000 participated in this first-time ever Zoom meeting.

PE Keoni Ahlo commented, "Our club was well represented when Rotary District 5000 came together in force to talk story with Rotary International President, **Mark Maloney** today--we even caught him 'throwing da shaka'! What a great turnout. Our RCWW was represented well with many of our members joining in by Zoom. If you haven't been to a Rotary meeting yet or it's been a while since, this may be the perfect time to check us out. Learn more about what Rotary is all about and how we're making a HUGE impact worldwide. Interested? Respond below or IM us and we'll send you a Zoom invite. Don't watch from the sidelines, GET INVOLVED! Aloha!"

The meeting covered many topics, including a message from RI President Mark, Chat questions submitted by participants, relayed to RI President Mark, by **District Governor Elect (DGE), Naomi Masuno**, and an open mike Thursday session.

RI President Mark was excited about the upcoming virtual RI International Convention June 20-26, 2020. This is an extended convention to cover all topics, breakout sessions, and General Sessions. There will be two General Sessions, Saturday and Sunday, Jun 20 and 21.



There is a significant time difference to meet global Rotarians, so each day will start at 3:00 am HST! But, for those who don't like worms, all sessions will be recorded to be watched at a decent hour! Sessions will be staggered to meet local times around the globe minimizing drastic time differences. Example schedule:

Saturday, 20 June

General Session 1: Together, We Connect

08:00-09:15 in Chicago, USA (UTC-5)

14:00-15:15 in Lagos, Nigeria, and London, England (UTC+1)

21:00-22:15 in Taipei, Taiwan (UTC+8)

Featured Breakout Sessions

Monday – Friday, 22- 26 June

Each day, one breakout session will be offered at each of the following times*:

8:00 – 9:00 Chicago Time (UTC-5)

12:00 – 13:00 Chicago Time (UTC-5)

18:00 – 19:00 Chicago Time (UTC-5)

Hawaii will be featured during the convention, since the convention was scheduled to be hosted by District 5000. Is there a way of fast-tracking District 5000 having the conference in the next couple of years? Possible, but not likely. But, one can never tell what the RI Board may agree to! Included in all the programs will be a virtual House of Friendship and a total of 50 breakout sessions, which may run into July.

The goal of this vestural convention is to make it meaningful and fun for all those participating.

RI President Mark's goal is to break the attendance record from the 2003-04 RI Convention hosted in Osaka Japan, attended by more than 45,381 Rotarians! This goal may be obtainable since it will be in the virtual world.



RI President Mark told us, that since the start of the pandemic, some clubs switched to virtual meetings immediately. One week in-person meetings, the next Zoom or equivalent. Some clubs were a little slower, and some clubs haven't met at all since the start of the pandemic. We need to encourage members to make an effort to meet. As Mark said, you shouldn't be concerned with the participants listed in the Zoom participant panel, but those whose names are not there! We need to reach out to these members, because without total member participation, we will be limited

in making a difference in our communities, and globally. "Our greatest service in the world is to meet." We should take advantage of the virtual tools and applications we have to continue meeting until we can resume in-person meetings.

Someone asked a question regarding pandemic support. RI President Mark said that that should be at the club and district level. RI will assist in any way they can. How will this affect our PolioPlus program? We still need to meet the matching grants of the Gates Foundation to rid the world of polio (at least \$50M to match). As much as Rotary International, Districts and Clubs want to help, "Rotary cannot be all thing to all people. Some causes will not be supported. For Rotarians, that is a hard pill to swallow, but we must do the best we can with what we have and can do.

Regarding supporting the pandemic, Rotary clubs and districts are meeting the challenges in many ways. A majority of Rotarians redirected their refunds from the RI Convention to the pandemic cause through the Rotary Disaster Response Fund.



Your gift to the Rotary Disaster Response Fund helps Rotary clubs provide disaster recovery and support rebuilding efforts, including projects related to COVID-19. Contributions are combined into one fund and made available through [Rotary Disaster Response Grants](#); they cannot be directed to a specific disaster.

Ace of Hearts



No Ace of Hearts today!

Updated Meeting Schedule and Time (Thursday, Hawaii Standard Time): 12:00

- Jun 4, 2020 12:00 PM
- Jun 11, 2020 12:00 PM
- Jun 18, 2020 12:00 PM
- Jun 25, 2020 12:00 PM
- Jul 2, 2020 12:00 PM
- Jul 9, 2020 12:00 PM
- Jul 16, 2020 12:00 PM
- Jul 23, 2020 12:00 PM
- Jul 30, 2020 12:00 PM

- Aug 6, 2020 12:00 PM
- Aug 13, 2020 12:00 PM
- Aug 20, 2020 12:00 PM
- Aug 27, 2020 12:00 PM
- Sep 3, 2020 12:00 PM
- Sep 10, 2020 12:00 PM

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly: https://us02web.zoom.us/meeting/jZUlfuGvqzlsE9AE0hhRMLhYkLo6O66-aTwW/ics?icsToken=98tyKuGppjilHdGcthCDRpwGor4We3wmFhdj_p8uTDtCxJ-TgvPPc5NZJ0pRpXR

Join Zoom Meeting

<https://us02web.zoom.us/j/81898759694?pwd=aHhKR3Y0Y0plWHZaa2w1Q1Q1aG9QZz09>

Meeting ID: 818 9875 9694

Password: If you need the Password, Contact PE Keoni Ahlo at keoni.sfhawaii.com@clubrunner.email

One tap mobile

+13462487799,,81898759694#,,1#,495858# US (Houston)

+16699006833,,81898759694#,,1#,495858# US (San Jose)

Dial by your location

+1 346 248 7799 US (Houston)

+1 669 900 6833 US (San Jose)

+1 253 215 8782 US (Tacoma)

+1 312 626 6799 US (Chicago)

+1 929 205 6099 US (New York)

+1 301 715 8592 US (Germantown)

Meeting ID: 818 9875 9694

Password: See above

Find your local

number: <https://us02web.zoom.us/j/kbUxzCq8EI>



Answer to the Quiz of the Week.

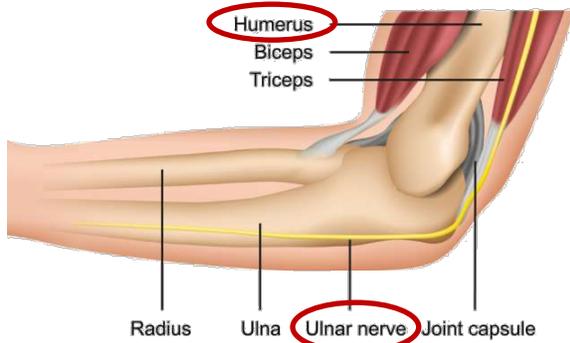
1. The **ulnar nerve**.
2. The **Funny Bone**

Have you ever hit the inside of your elbow in just the right spot and felt a tingling or prickly kind of dull pain? That's your funny bone! It doesn't really hurt as much as it feels weird. The "funny bone" got its nickname because of that funny feeling you get after you hit it.

But your funny bone isn't actually a bone at all. Running down the inside part of your elbow is a nerve called the **ulnar nerve**. The ulnar nerve lets your brain know about feelings in your fourth and fifth fingers. It's also

one of the nerves that controls some movement of your hand.

Anatomy of the elbow



You get that funny feeling when the ulnar nerve is bumped against the **humerus** (say: HYOO-muh-rus), the long bone that starts at your elbow and goes up to your shoulder. Tapping your funny bone doesn't do any damage to your elbow, arm, or ulnar nerve. But it sure feels strange!

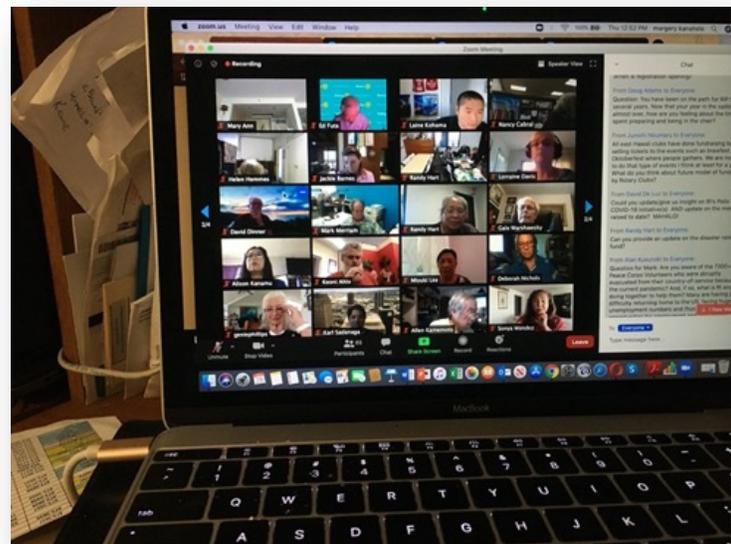
People sometimes mention the funny bone when they talk about their sense of humor. Maybe you've heard someone say that something "really tickled my funny bone." <https://kidshealth.org/en/kids/funny-bone.html>



Around the Club in Pictures

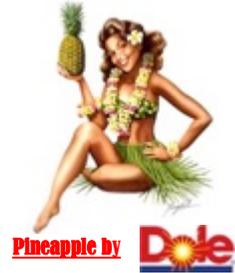
(Go to our Facebook page:
<https://www.facebook.com/groups/962862973749303/> to view all pictures.)

Zoom meeting photos by PE Keoni Ahlo and PP Geoff Horvath



Rotary – 115 Years of Service to the World!





WHAT IS ROTARY?

JOIN LEADERS

EXCHANGE IDEAS

TAKE ACTION

IN COMMUNITIES LIKE OURS, AROUND THE WORLD

Rotary Club of Maui

THE FOUR WAY TEST

FIRST IS IT THE TRUTH?

SECOND IS IT FAIR TO ALL CONCERNED?

THIRD WILL IT BUILD GOODWILL & BETTER FRIENDSHIPS?

FOURTH WILL IT BE BENEFICIAL TO ALL CONCERNED?

Rotary

Rotary

OUR SIX AREAS OF FOCUS

- Peace and Conflict Prevention/Resolution
- Disease Prevention and Treatment
- Water and Sanitation
- Maternal and Child Health
- Basic Education and Literacy
- Economic and Community Development

...to do good in the world

OBJECT OF ROTARY

- 1st THE DEVELOPMENT OF ACQUAINTANCE AS AN OPPORTUNITY FOR SERVICE;
- 2nd HIGH ETHICAL STANDARDS IN BUSINESS AND PROFESSIONS AND THE RECOGNITION OF THE AND THE DIGNITY OF EACH TYPE OF OCCUPATION AS AN OPPORTUNITY TO SERVE HUMANITY;
- 3rd THE APPLICATION OF THE IDEAL OF SERVICE IN EACH ROTARIAN'S PERSONAL, BUSINESS, AND COMMUNITY LIFE;
- 4th THE ADVANCEMENT OF INTERNATIONAL UNDERSTANDING, GOODWILL AND PEACE THROUGH A WORLD BELONGING TO ALL AND UNITED IN THE IDEAL OF SERVICE.

Rotary Club Of Olathe



Rotary – 115 Years of Service to the World!

