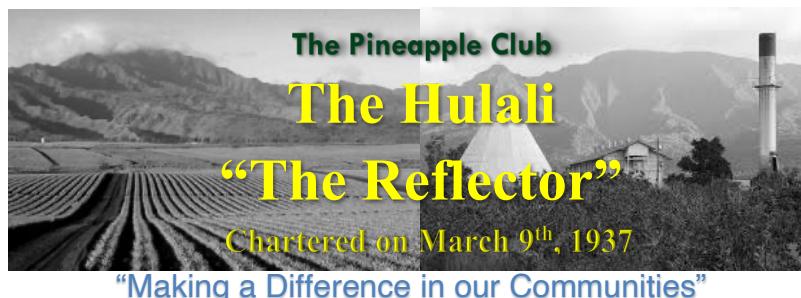




District Governor  
Naomi Masuno



**The Pineapple Club**  
**The Hulali**  
**“The Reflector”**  
Chartered on March 9<sup>th</sup>, 1937  
“Making a Difference in our Communities”



Club President  
Keoni Ahlo



**“Rotary is not just a club that you join; it is an invitation to endless opportunities.”**  
RI President Holger Knaack



### JANUARY IS ROTARY INTERNATIONAL VOCATIONAL SERVICE MONTH!

#### VOCATIONAL SERVICE IN ACTION!

Vocational Service is the essence of Rotary and serves as the foundation from which we serve our communities around the world. Vocational Service calls on us to empower others by using our unique skills and expertise to address community needs and help others acquire or refine skills and advance their professional opportunities.

Vocational Service calls on us to empower others by using our unique skills and expertise to address community needs and help others discover new professional opportunities and interests. January is Rotary's Vocational Service Month, a great time to leverage vocational service in your club projects and activities.

#### Here are five ways you can incorporate vocational service in your club activities:

1. Host a club meeting at your work place and share about your profession; take time to learn about fellow members' occupations.
2. Use your skills and expertise to serve a community.
3. Practice your profession with integrity, and inspire others to behave ethically through your words and actions.
4. Work with local businesses to create mentorship, internship, or practicum opportunities to help young people achieve their career goals.
5. Guide and encourage others in their professional development.

The strength of our Club lies in its members

## Your Rotary Lifespan

Editor – PP Geoff Horvath

#### Service Above Self – Making a Difference



**JANUARY IS VOCATIONAL SERVICE MONTH**

Below are some examples of clubs taking action around the world:



- Members from the [Rotary Club of Melbourne Park](#) in Australia come from a variety of vocational backgrounds. Not only do they utilize their skills within the club, but they also have something to offer to a wider audience. They started the 'Rotary Skillshare' series with their Past President Jason Reynolds, who owns a financial advisory business and offered to conduct a series of presentations designed to help club members make smart choices when confronted with financial decisions. The club hopes to continue the series, highlighting a different club member's profession to learn from their expertise.

- The [Rotary Club of Kakuri-Kaduna](#) in Nigeria organized a career guidance and entrepreneur workshop for students from their local secondary school. Students were surveyed beforehand for insight on their future career goals. Various speakers from different walks of life met with students to discuss their future plans.

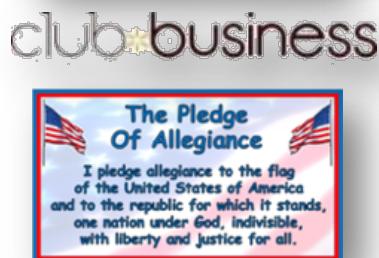


- The [Front Royal Rotary Club](#) in the United States partners with the local Chamber of Commerce to put together an ethics workshop for high school seniors in which they are presented seven ethical

dilemmas and have to determine the best route to solve each of issue.



- The [Rotary Club of Bangalore Vijayanagar](#) in India started a vocational training center offering computer training and tailored classes to help low income and unemployed men and women gain skills to become independent and self-sufficient. By Rotary Service and Engagement Staff



**PP Geoff Horvath**



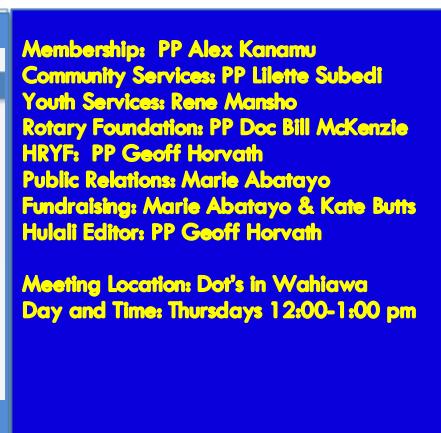
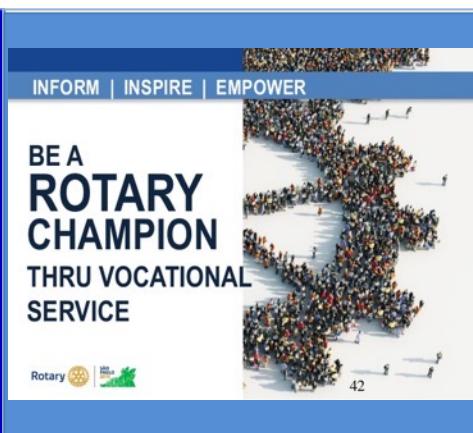
**PP Benson Medina**



Outside D5K

None

Within D5K



Rotary – 115 Years of Service to the World!

**DG Naomi Masuno – RC of West Honolulu**  
**PPx2 Benson Medina – RC of South Hilo – Guest speaker**

**Jim Thompson – RC of Laramie Sunrise, WO.** Jim owns a small cattle ranch in Wyoming, but hates the winters. He taught at UH 15 years ago and loves living in Hawaii. After retirement, he decided to come back and make a go at it. He visited Hawaii on occasion and has taught in the Philippines numerous times. He has been a Rotarian for two years and wants to continue his Rotary adventure.



**Representative Amy Perruso – Hawaii House District 46 – Guest of the Club. Guest for the last time! Amy will be inducted today!**



## Educating Rotarians

Educating Rotarians about the work of The Rotary Foundation is one of the most effective tools for gaining and broadening support of our Annual Fund and the "Every Rotarian, Every Year" effort. We want our members to be aware of the many ways in which we impact the world — there's always something new and exciting going on in Rotary.



## Hawaii Rotary Youth Foundation (HRYF)

Deadline for student HRYF applications are Feb 1<sup>st</sup>.

There will be another training session on the interviewing process, January 30<sup>th</sup>, 2021, 9:30 am – 10:30 am

You don't have to be a HRYF Representative to attend. If interested, access the following HRYF Zoom link:

[https://zoom.us/j/3740540034?pwd=L2ptSmowZVIvU3RI  
NXROdHVwSTlzdz09](https://zoom.us/j/3740540034?pwd=L2ptSmowZVIvU3RINXROdHVwSTlzdz09)

Meeting ID: 374 054 0034, Passcode: 526058

## RECOGNITIONS

Recognitions for the week ending January 17, 2021.



None



None

### Anniversaries



None

## Induction

None



### \$5- Virtual High Five



**President Keoni** gave a VHI\$5 for local business and the recent connection he made with **Kilani Bakery**.

**DG Nami Masuno** gave a VHI\$5 for the hard work our District Trainer, **Benson Median** does to keep the District well trained.



No trip reports



Today, we had the pleasure of inducting **Amy Perruso** into our Club! Amy is one of our hardworking House of Representatives for District 46. We are very fortunate in having Amy as member of our Club. Welcome!

Amy's induction was conducted by **DG Naomi Masuno**.

@\*#\$! Fines @\*#\$!



**PP Geoff Horvath** fined **President Keoni** -\$5 for the article appearing in the **MidWeek, Central Oahu**, edition! The article was about his businesses, Teapresso in Wahiawa and Mililani, Times Supermarket. It was a great writeup and picture of Keoni & Nahoku!. <http://midweek.com/pdf/Central/2021/0113/index-h5.html?page=1#page=4>.

The article appeared in the January 13, 2021 issue.

## WORDS OF WISDOM

"Give me a lever long enough and a fulcrum on which to place it, and I shall move the world." – Archimedes



Archimedes  
Illustration  
by Dr. Manuel (CC BY-SA)

Archimedes was a Greek mathematician, philosopher and inventor who wrote important works on geometry, arithmetic and mechanics.

Rotary – 115 Years of Service to the World!



Archimedes was born in Syracuse on the eastern coast of Sicily and educated in Alexandria in Egypt. He then returned to Syracuse, where he spent most of the rest of his life, devoting his time to research and experimentation in many fields.

In mechanics he defined the principle of the lever and is credited with inventing the compound pulley and the hydraulic screw for raising water from a lower to higher level. He is most famous for discovering the law of hydrostatics, sometimes known as 'Archimedes' principle', stating that a body immersed in fluid loses weight equal to the weight of the amount of fluid it displaces. Archimedes is supposed to have made this discovery when stepping into his bath, causing him to exclaim 'Eureka!'

During the Roman conquest of Sicily in 214 BC Archimedes worked for the state, and several of his mechanical devices were employed in the defense of Syracuse. Among the war machines attributed to him are the catapult and - perhaps legendary - a mirror system for focusing the sun's rays on the invaders' boats and igniting them. After Syracuse was captured, Archimedes was killed by a Roman soldier. It is said that he was so absorbed in his calculations he told his killer not to disturb him. <http://www.bbc.co.uk/history/>



## ROTARY MINUTE

Rotary comprises the individual Rotary clubs; Rotary International, an umbrella organization that coordinates Rotary's global programs and initiatives; and the Rotary Foundation, established in 1928 to raise and distribute funds in support of local and international service projects that Rotarians around the world design and carry out.

## Correspondence



Mikiala Ng

Received from our 2020 HRYF Top Club Scholar, Mikiala Ng.

"Aloha Geoff and the HRYF 'Ohana,

I hope this email finds you all doing well! I am writing to express my thanks for your generous scholarship which has helped me to receive a Yale education. While this school year is nothing like what I imagined, I have thoroughly enjoyed my first semester and am extremely grateful for the amazing opportunities I have received thus far.

This Fall, I studied remotely from Waialua and will continue to do so in the Spring. I hope to finally set foot on Yale campus and meet all my classmates and professors in person next Fall! This semester, I enrolled in a range of classes, including a philosophy seminar about beauty, general chemistry, an introduction to visual arts course, as well as an introduction to engineering course. While they were all great, I enjoyed the seminar and engineering classes the most—the philosophical discussions were so engaging and my final engineering project was a blast! It amazes me that in my first semester at Yale, in my first ever engineering class, I worked on a team that constructed a contactlessly-controlled microscope that may one day be used in the Yale Peabody Museum. Though I am still undecided on what major I will pursue, this class has inspired me to consider a career in engineering. I look forward to continuing my studies in chemistry, calculus, environmental biology and sustainability, and anthropology this Spring.

Outside of class, I work at the Native American Cultural Center as a First-Year Liaison. Alongside coworkers that have become close friends, I organize and host Zoom events for native first-year students to build community. I am also a member of the Association of Native Americans at Yale where I participated in a collaboration with the Yale Daily News to publish an issue written by members of the native community to recognize Indigenous Peoples Month. My piece, titled "["My Name is Mikiala,"](#)" talks about the importance of indigenous names and pronouncing them correctly. I am excited to continue my engagement with the native community at Yale.

Though I have not been able to compete in swimming or water polo since I began remote learning, I look forward to joining Yale's club teams in the future. In the meantime, I have enjoyed surfing with my sister, making art, and spending quality time with my family and two dogs. I thank you again for your generosity in supporting my post-secondary education.

Mahalo nui loa,  
Mikiala Ng"

From the



Rotary – 115 Years of Service to the World!



Great news! Leilehua High School's Class of 2024 has taken on the amazing challenge to host their own blood drive. They are not old enough to donate yet, but they understand the importance of donating and want to help. They have opened up their blood drive to the community. Thanks to Scott Harada at Dot's, they also have a wonderful location to host their drive.

Our website hasn't been updated yet, but here's the direct link to sign up for anyone interested:

[https://bbhdonor.org/index.cfm?group=op&step=2&opid=24417&opidh=CE1CD161156DAD3939E9BD\\_CDF650F948&i](https://bbhdonor.org/index.cfm?group=op&step=2&opid=24417&opidh=CE1CD161156DAD3939E9BD_CDF650F948&i)

**Traci Takehara**  
**Blood Bank of Hawaii | Donor Recruitment Account Manager**  
2043 Dillingham Boulevard, Honolulu, HI 96819  
Cell: (808) 690-7772  
IG (follow me J): 808lifeline



## Leilehua High School Class of 2024 BLOOD DRIVE

Dot's Wahiawa Pineapple Showroom  
(130 Mango St)

February 14, 2021  
8:00 am – 4:00 pm



Donations by appointment only.  
Visit [bbh.org](http://bbh.org) to register and donate.

@BloodBankHawaii (808) 848-4770



# guest speaker

**Feb 4 – PDG Lurie Yoshida (2011-2012) – RC Kalepa Sunrise, Kauai - CORTEVA UPDATE**

**Feb 11 – ADG Wes Mun - KUNG HEE FAT CHOY**

**Feb 18 – Haley Marguerite – RC Siesta Key, FL – How to become an author.**

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## UPCOMING EVENTS

None

### THIS WEEK'S ANNOUNCEMENTS

None



*"Kindness can transform someone's dark moment with a blaze of light. You'll never know how much your caring matters. Make a difference for another today."* — Amy Leigh Mercree



Amy Leigh Mercree

Amy Leigh Mercree is a medical intuitive with over 20 years of experience. She specializes in spirit guides with a focus on shamanism, chakras, and holistic wellness.

## QUIZ OF THE WEEK

When was cement invented?



**Your Rotary Lifespan  
5 Things You Can Do To Be A Rotarian for Life**

Rotary My Rotary

*"An Informed Rotarian is an Engaged Rotarian"*



**The Rotary Club of  
Wahiawa-Waialua**



Benson Medina

Today we had the treat of having, all the way from the Big Island (via Zoom), **PPx2, Benson Medina**. Benson is a man of many talents and was here to talk to us about being a Rotarian for Life!

**Benson Medina** is a member the **Rotary Club of South Hilo**. He has been club president twice and now has assumed the position of District 5000 Trainer. His 40-plus year career includes senior executive positions in manufacturing, tourism and electrical maintenance contracting. He is a Senior Investment partner with Sustainability Partners, providing infrastructure capital to state and county governments. Besides Rotary, Benson also serves as the Vice-President of the Hawaii Island Native Hawaiian Chamber of Commerce and is active in many community organizations and service projects that serve east Hawaii Island communities. He is also an active member of Halau O Kawanakanakoa of Keaukaha and competes each year in Kupuna Hula Festival in Kona.

Benson has also been a writer, teacher and speaker for over 30 years. He has devoted his professional life to training, teaching and helping others to simplify difficult and complicated concepts. He is currently a faculty member of the Karma Institute and co-founder of Rising Through Grief, a personal development company that helps people who are experiencing grief to regain control of their lives.

Benson told us he had a connection to Wahiawa, so is honored to speak before our club. It all started with his Grandfather.

Before starting his presentation, Benson told us the fascinating story of how he came to Hawaii...well how he came to Hawaii through his Grandpa, many, many years before his birth! His Grandpa was part of the Philippine Militia, and in the early 1900's, the U. S. Army came out with a program that offered citizenship to Filipino men that were in the militia, if they would agree to join the Army. Benson's Grandpa just did that and was stationed at Schofield.

After a couple of years, he was able to bring his wife over. At that time Grandpa had 8 children. One was Benson's Father, 5 were in the Philippines, and 3 were in Hawaii. When Benson's Father came to Hawaii, he didn't speak a word of English, but befriended Japanese plantation workers. Benson's Father was a hit with the plantation works and made life-long friends. With Benson's Grandpa station at Schofield, it was only

natural that Benson's Dad attended and graduated from Leilehua HS.

Benson's Dad moved to Pahoa Valley, where he raised his family. When his Father retired, he loved riding the bus to Wahiawa and Kailua to visit family and friends. Since the senior monthly bus pass was only \$20, he got his money's worth!

As he advanced in age, he would ride the bus frequently. Sometimes, he wouldn't come home and his family didn't know where he was, so Benson and his brothers would split up, two brothers went to Wahiawa, the other two to Kailua, until Dad was located and safely brought home. "Sometimes, Dad would just walk up and down California Avenue in Wahiawa." His Father was known as a loyal man and a great person. Somewhere along the line, Benson ended up on the Big Island, where he still lives today.

After this great story, Benson got down to telling us about our Rotary Lifespan and the 5 things we can do to become Rotarians for Life!

Benson told us of the unusual way he became a Rotarian and experienced Rotary.

His Sister, **Lani**, was a Rotarian (at the time, he didn't know this!). One Thursday they ran into each other and Lani asked Benson to have lunch with her. This meant that he would be paying! He agreed and went with her. They arrived at a big lounge in a hotel. Seeing the big room with some people having lunch, he thought that there was some type pf meeting going on, so he asked his Sister, "Is this a meeting?" Lani, said yes, that it was a Rotary meeting. This was the first time he knew his Sister was a Rotarian.

After the meeting was over, Lani told Benson that he had to put aside "your "Tuesdays so you can make the meetings. Since his Sister was Boss, he set aside his Tuesdays to attend the meetings! Benson became a Rotarian soon after that. Then when they were having a hard time finding someone to step up to be the Club President, Lani told them to put Benson's name down for President! So, when she saw Benson, she told him, you are going to be the Club President and, "I'm happy for you!" As they say, the rest is history! Since then, Benson has been "Experiencing Rotary!"

Benson started out by, telling us about three Rotarians in his Club that had been Rotarians from between 50-60 years, all in their nineties. The one thing in common, when Benson aske them, "Why you became Rotarians?", their answers were, service to their community and the life-long friendships they enjoyed as Rotarians.

Two questions Benson asked us were:

"What makes a Rotarian want to become a Rotarian and Why people decide to become a Rotarian for life.)

It is a long and involved process, but the end goal is to become a Rotarian for life!

Benson started out by telling us, that every Rotarian has a Lifespan. There are 5 steps to expanding your Rotary Lifespan. These steps are:

1. **Increase your Rotary I.Q.** Learning everything you can about Rotary
  - Lear all you can about Rotary
  - Be informed about Rotary and Club so you can share with others

Once you learn as much as you can you:

## 2. Make the Connection

- With other Rotarians
- Connect with your Club's and Rotary's mission.
- Connect with other Rotarians that have the same interests as you have
- Connect with Rotarians for decades!
- Connect during community projects.
- Have a Rotary Moment (AKA an "AHA" moment). Such a Rotary Moment for Benson was after the devastating eruption that occurred on the Big Island in 2018. One of facilities that was hit and completely destroyed was a Hawaiian Emerson School. Rotarians from Benson's Club helped rebuild the school. The Rotary Moment came when the school children and their parents attended the reopening. The children came up to the Rotarians and told them, with emotion, "You saved our school." The parents echoed these words with emotion. What was or is your Rotary Moment? For some of us, it was the mission to Bali, where they fixed up an orphanage, worked in a protheses facility that made protheses for the people who lost limbs after the Bali bombing on October 11, 2002.
- Your life situation. Things change during life. Physical changes, people moving away, financial. Throughout life experiences and changes, there are others that can share the same experiences and thereby have something in common. This also can bring a friendship closer with another Rotarian.

## 3. Tell Your Rotary Story

- Your Rotary story is connected with your identity
- Reflect your story to others
- Promote, advance, and expand what is happening in your Rotary life
- Solidify your belief in Rotary
- People will connect with personal stories
- Let them see that you are committed to a purpose beyond yourself

## 4. Deepen Your Club Relationships

- This is the key issue in Rotary longevity
- Deepening relationships means coming to meetings and participating on Club activities and projects

- When you have a deep relationship with other Rotarians, you will support them and always have their back.
  - A deep relationship bonds Rotarians. Rotarians become like your family
5. **Keep Improving Your Perspective**
    - By your experiences
    - By the people you meet
    - By your beliefs
    - Through grief. Again, through shared experiences
    - Expand your Club's core group. The more hands, the easier the task! We have tremendous opportunities if we have a strong core group. It's the group you can go to when things need to get done
    - Create a Rotary life worth remembering
    - Continuously improving your perspective will expand your Rotary lifespan. You will never get tired or bored with your Rotary experience. It can only enhance and extend your membership.
- The Four-Way Test Defines us:
    1. Is it the Truth – **I Always Tell the Truth**
    2. Is it Fair to All Concerned – **I Try to Be Fair in Everything I do**
    3. Will it Build Good Friendships – **I Value My Relationships**
    4. Is it Fair to All Concerned – **I Try to do What's Best for Everyone**

Benson left us with words of Wisdom, "**Holomua**" (Move Forward) – No matter what life throws at us, or what our what our past experiences are, always move forward to the future.

The presentation was so well presented in a relax atmosphere, it didn't feel like training at all!

## 2021 Updated Meeting Schedule and Time (Thursday, Hawaii Standard Time)

January 21 – 12:00 – 1:00 pm

January 28 – 12:00 – 1:00 pm

Join Zoom Meeting

<https://zoom.us/j/91954669065?pwd=d1dHTGwzUkJYVDhaWGNwRIQ3zdTUfmdz09>



Answer to the Quiz of the Week: Between 12-10,000 century B.C. by ancient Greeks, Romans, and Egyptians

Cement has been in use by humans throughout history; variations of the material were used by the ancient Greeks, Romans and Egyptians, with the earliest archaeological discovery dated to 12-10,000BC in

modern-day Turkey. The Romans used a mixture of lime (calcium oxide) and pozzolan – crushed volcanic ash – to create hydraulic cements, which could set under water. Other cements used crushed brick, tiles and ceramic pottery as aggregates. Famous historical buildings made from concrete, still standing today, are the Colosseum and Pantheon in Rome, and the Hagia Sophia in Istanbul. <https://www.worldcementassociation.org>

**Did you know that when cement is cured (dried) it is called concrete!**



The Ancient Roman concrete helped construct structures that are still standing to this day.



### Around the Club in Pictures

(Go to our Facebook page:  
<https://www.facebook.com/groups/962862973749303/> to view all pictures.)



Jim Thompson



PP Benson Medina

**Rotary – 115 Years of Service to the World!**



Rene Mancho



President Keoni Ahlo



Our newest Member, Amy Perruso



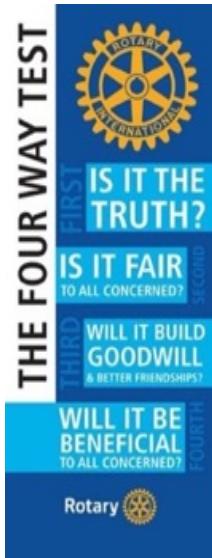
Induction Ceremony



## WHAT IS ROTARY?



## THE FOUR WAY TEST



## OUR SIX AREAS OF FOCUS

Rotary – 115 Years of Service to the World!

